

ASTORIA CENTER OF ISRAEL

A guide to enjoying the Yamim Nora'im (High Holidays) with your kids

We're so pleased that you are celebrating these holy days with us. There are a number of programs and places for you to go that will help make this time as educational, enjoyable, and meaningful as possible for your entire family.

If you have an infant: The Ladies' Guild Room (on the first floor, to the right when you enter the synagogue) is available as a quiet room for infants and very young children.

If you have a child under 6: The Cocktail Room on the lower level will have games and toys for young children to enjoy. Please stay with your child, or take turns with other parents. We are not responsible for children downstairs.

If you have a child between the ages of 6 and 10: On both days of Rosh Hashanah (Sept. 21 and 22) and on Yom Kippur (Sept. 30), there will be a Junior Congregation service in the Chapel (first floor, to the left when you enter the synagogue) from 10:30am - 12:00pm with Morah Karen. Parents are welcome to stay, or to join the congregation in the main sanctuary during this time.

Children above 10 may want to consider becoming an usher. See bit.ly/aciushering for more information and to sign up.

Shabbatot: There will be regular MASKIT programming throughout the Yamim Nora'im and Sukkot, with the exception of Yom Kippur (Sept. 30). There will be Tot Shabbat on Shabbat Shuvah (Sept. 23) and on Shabbat Chol Ha-Mo'ed Sukkot (Oct. 7) open to the entire community.

Sukkot + : Check our website, Bulletin, or Friday Flyer for the exciting family friendly events we have throughout October, from Sukkah building to our Simchat Torah party.